Week 7 - Timber Ridge Jul 21-27, 2024



Sunday Dinner Ch	heese or Pepperoni Pizza, Italian Salad, Smoothies, Apple Slices with Caramel Sauce
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	ancakes, Sausage Links, Hard Boiled Eggs, Blueberry Muffins, Cereal, Yogurt Bar, English uffins/Toast, Assorted Fresh Fruit
	nilly and Chicken Cheesesteaks on Hoagie Rolls, Sautéed Peppers and Onions, Cheese Sauce nd Shredded Mozzarella, Salad Bar, Rice Krispie Treats, Assorted Fresh Fruit
	hicken Parmesan and Spaghetti with Marinara, Italian Vegetables, Garlic Breadsticks, Salad Bar, onny Pops, Assorted Fresh Fruit
Breakfast Br	ake Your Own Breakfast Burritos - Scrambled Eggs, Ground Sausage, Shredded Cheese, Hash rowns, Sour Cream, Salsa, Assorted Doughnuts, Cereal, Yogurt Bar, English Muffins, Toast, ssorted Fresh Fruit
Tuesday Lunch Si	oppy Joes, Macaroni and Cheese, Dill Pickles, Salad Bar, Snickerdoodles, Assorted Fresh Fruit
l Dinner	weet & Sour Chicken, Orange Chicken, Teriyaki Chicken, Vegetable Fried Rice, Spring Rolls, eamed Broccoli, Salad Bar, Watermelon, Fortune Cookies, Assorted Fresh Fruit
	affles, Ham Patties, Hard Boiled Eggs, Peach Coffee Cake, Cereal, Yogurt Bar, English Muffins, past, Assorted Fresh Fruit
wednesday i Lunch	omemade Soup, Ham & Cheese Croissants, Assorted Condiments and Toppings, Potato Chips, alad Bar, Brownies, Assorted Fresh Fruit
l Dinner	ot Roast, Red-Skinned Potatoes, Sweet Corn, Dinner Rolls, Salad Bar, Yellow Cake w/h Chocolate ing, Assorted Fresh Fruit
	crambled Eggs, Smoked Sausage, Hash Browns, Assorted Danishes, Cereal, Yogurt Bar, English uffins, Toast, Assorted Fresh Fruit
	aco Buffet - Beef and Chicken Taco Meat, Tortillas and Chips, Salsa, Guacamole, Assortment of oppings, Refried Beans, Churro Donuts, Assorted Fresh Fruit
	arinated Chicken Thighs, Wild Rice Pilaf, Sweet Peas, Dinner Rolls, Salad Bar, Chocolate Cake /h White Frosting, Assorted Fresh Fruit
	rench Toast, Sausage Links, Hard Boiled Eggs, Cinnamon Sweet Rolls, Cereal, Yogurt Bar, nglish Muffins, Toast, Assorted Fresh Fruit
Friday Lunch	rilled Hamburgers, American Cheese, Lettuce, Tomatoes, Onions, Pickles, French Fries, Salad ar, Chocolate Chip Cookies, Assorted Fresh Fruit
i Dinner	aked Potato Bar, Steamed Broccoli, Cheese Sauce, Ground Sausage, Diced Ham, Chili/Beef ravy, Salad Bar, Chocolate Eclairs, Assorted Fresh Fruit
	ssorted Pastries and Doughnuts, Hard Cooked Eggs, String Cheese, Cereal, Yogurt Bar, English uffins, Toast, Assorted Fresh Fruit

Trout Lake Camps kitchen staff members are accustomed to serving campers with special diets and we do everything in our power to provide safe and tasty alternatives. Gluten/dairy free alternatives are always available to our campers on our alternative serving line during meals as well as vegetarian options. Our kitchens are free of peanut and tree nut products. We provide soy and oat milk in our dining room beverage stations. Campers can bring a few personal food items with them if it is necessary and store them in our guest cupboard or refrigerator located in easily accessible areas in the dining halls (labeled with name and dates). If you have any questions regarding special diet needs, please email rLockhart@TroutCamps.org.